

FOOD ALLERGIES OR INTOLERANCES
Before Ordering please speak to our staff about your requirements

STRANDS INN EVENING MENU

Starters

Homemade Soup of the day (V)

Homemade soup of the day served with bread & butter£4.95

Chicken Liver Pate

Chicken Liver Pate served with homemade fruit chutney, hot toast and dressed salad£5.25

Stilton Button Mushrooms (V)

Button Mushrooms cooked with cream & Stilton and served on Sour dough bread.....£4.95

Deep fried Breaded Brie (V)

Served with Cranberry Sauce and mixed leaves£5.25

Marinated Herring Fillets

Madeira Marinated Herrings Fillet on dressed salad leaves with brown bread & butter£5.95

Diced Chorizo & Black Pudding

Diced Chorizo and Black Pudding cooked with onions and Madeira. Served on a crouton.....£5.75

Grilled Goats Cheese (V)

Served on Salad Leaves with Balsamic Onion Compote£5.50

Razor Clams

Pan Fried Razor Clams in white wine, garlic and cream sauce£6.25

Mains

Rib Eye Steak

Approx 12oz Rib Eye steak with garlic & Herb butter, mushrooms, tomatoes, chips & salad.....£15.95

Gammon Steak

Approx 16oz grilled gammon steak with fried eggs or pineapple, hand cut chips & salad£12.95

Homemade Steak & Ale Pie

Steak & Strand's ale pie with short crust pastry, hand cut chips & seasonal vegetable11.50

..... **Smaller Pie Portion**£8.95

Whole Fresh Grilled Mackerel

With Garlic & Herb butter, New Potatoes & Mixed Dressed Salad.....£12.95

Spicy Meatballs

Chilli Spiced Meatballs in tomato sauce served with tagliatelle, garlic bread and dressed salad£10.95

Red Snapper

Red Snapper Salad with fresh mango & pineapple and homemade salsa and new potatoes£12.95

Strands Lasagne Bolognese

Homemade Lasagne Bolognese served with garlic bread and a dressed salad£11.95

Roast Fillet of Hake

Served on Garlic & Herb crushed potatoes, with seasonal vegetables & a rich Tomato sauce£12.95

Mushroom and Sweet Pepper Stroganoff (V)

Served with boiled basmati rice£10.95

Quinoa & Halloumi Stuffed Peppers (V)

Quinoa & Halloumi Stuffed Peppers on boiled rice served with tomato & garlic sauce£10.95

Tuna Nicoise Salad

Sautéed Tuna salad with anchovies, green beans, new potatoes and boiled egg£11.95

Thai Style Green Curry

Served on boiled rice with prawn crackers.....Vegetarian£10.95.....Chicken...£12.95

Potato & Onion Tortilla Wedge (V)

Served with Mixed dressed salad & Home Made Coleslaw.....£10.95

Desserts

****Sticky Toffee Pudding with Hot Toffee Sauce ****£4.50

****Homemade Fruit Crumble ****£4.50

****Carrot Cake with Cream Cheese Filling****£4.50

****Hot Chocolate Fudge Cake****£4.50

Ice Cream.....£2.50

**** Served with Ice Cream, Cream or Custard****

Wednesday 22 April 2015